



Thursday, July 10 & Friday, July 11, 2025

Regions 7

Panther Stadium (Princeton High School)

960 BOIS D'ARC

Princeton, TX 75407

TAAF Region 7 Regional Track Meet
July 10-11, 2025
Princeton TX High School – Panther Stadium
960 Bois D’Arc Ave, Princeton, TX 75407

THIS WILL BE A ROLLING MEET. EVENTS WILL START AT START TIME AND ROLL THROUGHOUT THE DAY.

Thursday, July 10th

Running Events – All events are timed finals

7:30am – Coaches Meeting in the Office

8:00am	3200m Run	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	50m Dash	6UG, 6UB, 8UG, 8UB
	800m Dash	8UG, 8UB, 10UG, 12UG, 10UB, 12UB
	4x100m Relay	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	400m Dash	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	100m Dash	6UG, 6UB, 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	80m Hurdles	12UG (8 @ 30”), 12UB (8 @ 30”)
	200m Dash	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	1600m Run	10 UG, 10UB 12UG, 12UB,
	4x400m	10UG, 10UB, 12UG, 12UB

Field Events	<u>High Jump</u>	<u>North Pit - Long Jump</u>	<u>South Pit -Triple Jump</u>	<u>Discus</u>	<u>Shot Put</u>
8:30am	18UG 18UB	14UB 14UG	16UG 16UB	18UG 18UB	14UG 14UB
10:30am	16UG 16UB	18UG 18UB	14UB 14UG	16UG 16UB	18UG 18UB
12:30pm	14UG 14UB	16UG 16UB	18UG 18UB	14UG 14UB	16UG 16UB

Friday, July 11th

Running Events – All events are timed finals

8:00am	1600m Run	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	100m Hurdles	14UG (10 @ 30”), 16UG (10 @ 33”), 18UG (10 @ 33”) 14UB (10 @ 36”), 16UB (10 @ 39”), 18UB (10 @ 39”)
	110m Hurdles	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	4x100m Relay	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	400m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	100m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	800m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	200m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	300m Hurdles	14UG, 16UG, 18UG (8 @30”), 14UB (8@30”), 16UB, 18UB (8 @ 36”)
	4x400m	14UG, 14UB, 16UG, 16UB, 18UG, 18UB

Field Events	<u>High Jump</u>	<u>North - Long Jump</u>	<u>Pole Vault</u>	<u>Shot Put 1</u>
8:30am	8UG 8UB	12UG 12UB	14UG 16UG 18UG	10UG 12UG
10:30am	10UG 10UB	8UG 8UB	14UB 16UB 18UB	10UB 12UB
12:30pm	12UG 12UB	10UG 10UB		

Running Events

All runners entered into running events must report and check-in at the heating tent when their event is called. If there is a conflict with a Field Event, make sure the Heating Tent and Field Event Judge are notified. **Running Events will take precedence over Field Events. Field Event participants may report late to their field event only if they are competing in a running event at the same time and the Field Event judge HAS BEEN NOTIFIED. Runners missing their assigned heats will be disqualified.** Runners will be timed electronically, and the finish of each race will be videotaped. All runners MUST wear a leg number corresponding to their lane which will be provided in the heating tent.

Field Events

All events will be finals with three (3) attempts per participant (exception: high jump and pole vault). All participants should be prepared to check in at their field event location 15 minutes prior to the scheduled start time. All Field Event participants must finish their event within the 60-minute time limit, unless approved.

State Meet

The top 5 Finishers in each event are guaranteed to advance to the 2025 TAAF State Games of Texas in Bryan/College Station, Texas. All state meet qualifiers must declare their acceptance by paying the state meet entry fee of \$10.00 per person, per event. This payment must be made at the awards table by the end of the Regional Meet in Princeton.

Admission

Admission to the Regional Track Meet is \$10 per person or \$15 per person for a 2-day pass.

COOLERS

Coaches, with valid credentials, will be allowed to carry in one cooler for their participants at no charge. All other coolers will be \$10 which is good for both days. Cash Only

Rules and Guidelines for 2025 Regional Track & Field Meet
July 10-11, 2025
Princeton, Texas

1. Meet Location – Princeton TX High School – Panther Stadium - 960 Bois D Arc Ave, Princeton, TX 75407- Please refer to the map/layout for event locations.
2. Coaches Meeting: We will have a coach meeting on **July 10 at 7:30am** at center field prior to the first race. We will go over the rules for the weekend and answer any questions coaches might have at this time. One coach from each team **MUST** be at the meeting.
3. Daily Spectator Admission Charge - **\$10.00 per person or \$15 per person for a 2-day pass**. Athletes must be in uniform to be allowed into the stadium at no charge. Coach Passes will be included in the team packet which can be picked up **Thursday, July 10** at the Meet Office.
4. **TENTS in the stands are not permissible** - Only single, hand-held umbrellas are allowed in bleachers below the identified area. Tents will be allowed in grass areas around the stadium and designated area.
5. PARTICIPANTS/ATHLETES ONLY WILL BE ALLOWED ON THE TRACK AND STADIUM SURFACE DURING THE MEET. This is the same rule used and adhered to at the State Meet and this will be enforced at this Regional Meet. The only exception is that coaches will be allowed in the field event areas.
6. COACHES WILL NOT BE ALLOWED ON THE TRACK UNLESS FOR EMERGENCY PURPOSES AND/OR UNLESS APPROVED BY MEET OFFICIALS.

** EXCEPTION – During 4x100 Relay Events ONLY a maximum of two (2) coaches per team may be on the Track to assist runners in setting their marks. Coaches on the track must remain off track during the event and may not run along the track during events. Coaches are not allowed to assist or help runners while in the vicinity of the track. Forfeiture of relay teams and/or individuals may result.
7. This year's meet will be a ROLLING meet – which means that events will start when the previous event is complete. Running the event participants should check in at the heating tent when calls are made. Runners missing their posted heats will be disqualified, regardless of if the event is still in progress. **DON'T BE LATE**. Field event participants must check in with the Field Event Clerk at the listed starting times. Field Event participants **MUST** compete and complete their event during the time specified.

No late registration or changes in entries will be allowed for the meet at the stadium!! The final deadline for all entries into the 2025 TAAF Region 7 Regional Track & Field Meet is **July 2, 2025, at NOON**. Once an athlete is entered, all entry fees for all events are due and required, regardless of if the athlete competes or not!

RUNNING EVENTS:

- a) All running events will finish at approximately the same finish line. Due to the nature of the cameras and the timing system. Moving the system as little as possible will be the criteria. All non-curve dashes: (50 m dash, 100 m dash, 80 m hurdles, 100 m hurdles, 110 m hurdles) will be run from left to right, regardless of the wind direction.
- b) The number of berths issued to the state meet is determined by the number of athletes registered on **July 2, 2025**. The top 3 finishers will receive awards with medals going to the top three (3) finishers in each event and ribbons to the 4th - 8th place finishers.
- c) All participants for all running events must check in at the announced times at the Heating Tents. Meet officials will escort all participants to the starting line. Heating for field events could be held at different locations, as needed; announcements will be made.
- d) All participants in all running events will be required to wear a leg number corresponding to their lane assignment. These numbers will be issued to each runner at the heating tent. Runners may not participate without this number. **All participants in both running and field events will be required to wear a bib number that can be picked up with the coach's packets on Thursday, July 10. Replacement bibs are \$5 each.**

- e) ALL RUNNING EVENTS, SPRINTS, HURDLES, AND DISTANCE EVENT HEATS WILL BE RUN AGAINST TIME. WINNING A HEAT DOES NOT GUARANTEE QUALIFYING FOR THE STATE MEET.
- f) Protests: Per official TAAF and UIL rules, Judgment Calls and Decisions by TAAF Region 7 Finish Line Judges / Timers and/or Meet Officials are official and **CAN NOT BE PROTESTED!** Rule Interpretation protests and/or appeals are the only types of protests allowed and must be made to the Meet Referees at the time of the incident.

The protest must be submitted in writing (by the Head Coach only) with all information included as to the reason for the protest, which event, heat number, etc. **Protest Fee = \$50.00 each.** Fees will be refunded only if the protest is upheld.

For all age protests, the coach has **30 minutes** from the moment they are notified to produce a valid birth certificate. All coaches are asked to have copies of birth certificates on hand at the regional track meet.

TAAF and UIL rules also state that **ONLY video equipment approved by TAAF Region 7 shall be used to make finish line decisions.** Home videos will not be allowed to be used for protests. Protests are to be made to the Meet Office. Before submitting a protest, especially if it involves decisions at the finish line, please consider the fact that the finish line of each race is being professionally videotaped and timed electronically.

FIELD EVENTS: (Refer to Track Layout)

- a) Field events for all divisions will be conducted per the printed and announced schedule on all days.
- b) Event Locations:
- | | |
|-------------|---|
| HIGH JUMP | (Thursday and Friday) – inside the track |
| LONG JUMP | (Thursday and Friday) – inside the track |
| TRIPLE JUMP | (Thursday) – inside the track |
| POLE VAULT | (Friday Only) – inside the track |
| SHOT PUT | (Thursday and Friday) – outside the stadium |
| DISCUS | (Thursday Only) – outside the stadium |
8. The Awards area will be located inside the Meet Office Area. All awards may be picked up here. State Meet qualifiers must also pay their State Meet Entry Fee (\$10.00 per event qualified for) when awards are picked up.
9. Award Winners: Medals for 1st place through – 3rd place and ribbons for 4th place through 8th place may be picked up when results have been finalized by Meet officials and TAAF Staff. An announcement will be made when awards are available. * Coaches and/or Parents are encouraged to be the ones that pick-up awards.
10. State Meet Qualifiers: All State Meet Entry Fees for all qualifiers must be paid to the Meet Director by the conclusion of the meet on **Friday, July 11**. The top 5 finishers in each event will qualify for the **2025 TAAF State Meet in Bryan/College Station, Texas, July 31-August 3**.
- **\$10.00 per person, per event. Cash or checks, payable to: “TAAF Region 7” will be accepted.**
 - Qualifiers who know that they **will not** compete at the State Meet are requested to notify Meet Officials. TAAF Region 7 will exclude the new State Rule, effective in 2004 that does not allow any substitutions nor next-place finishers to qualify for the State Meet. When applicable next place finishers will be asked to replace Top finishers that do not wish to compete in Brownfield.

COACHES: Please make sure all your athletes and their parents/spectators know and understand these rules and guidelines. We understand that some may not be to your liking, however, due to the nature of the sport of Track & Field and for proper meet operation and safety, rules of this kind must be adhered to.

Thank you for your efforts this year! Good Luck!