

Wednesday 16th, 2025, All events begin at 8:00am.

1600 Meter Run	10 & Under, 12 & Under–Girls/Boys
50 Meter Dash	Tiny Tots 4U, 6 & Under, 8 & Under–Girls/Boys
100 Meter Dash	Tiny Tots 4U, 6 & Under, 8 & Under, 10 & Under, 12 & Under-Girls/Boys
High Jump Mat 1	8 & Under, 10 & Under, 12 & Under-Girls/Boys
High Jump Mat 2	14 & Under, 16 & Under, 18 & Under-Girls/Boys
Pole Vault	14 & Under, 16 & Under, 18 & Under-Girls/Boys
Long Jump Pit 1 & 2	12 & Under, 10 & Under, 8 & Under-Boys/Girls
Long Jump Pit 3 & 4	18 & Under, 16 & Under, 14 & Under-Girls/Boys
Triple Jump Pit 1 & 2	14 & Under, 16 & Under, 18 & Under-Girls/Boys
Shot Put Ring	10 & Under, 12 & Under 14 & Under 16 & Under 18 & Under-Girls/Boys
Discus Ring	14 & Under, 16 & Under, 18 & Under-Girls/Boys

Thursday July 17th, 2025, All events begin at 8:00am.

3200 Meter Run	14 & Under, 16 & Under, 18 & Under -Girls/Boys
4 X 100 Meter Relay	14 & Under, 16 & Under, 18 & Under-Girls/Boy
800 Meter Run	14 & Under, 16 & Under, 18 & Under-Girls/Boys
100 Meter Hurdles	14 & Under, 16 & Under, 18 & Under-Girls
110 Meter Hurdles	14 & Under, 16 & Under, 18 & Under-Boys
100 Meter Dash	14 & Under, 16 & Under, 18 Under -Girls/Boys
400 Meter Dash	14 & Under, 16 & Under, 18 & Under-Girls/Boys
300 Meter Hurdles	14 & Under, 16 & Under, 18 & Under-Girls/Boys
200 Meter Dash	14 & Under, 16 & Under, 18 & Under -Girls/Boys
1600 Meter Run	14 & Under, 16 & Under, 18 & Under –Girls/Boys
4 X 400 Meter Relay	14 & Under, 16 & Under, 18 & Under-Girls/Boys

Friday 18th, 2025, All events begin at 8:00am.

800 Meter Run	8 & Under, 10 & Under, 12 & Under -Girls/Boys
80 Meter Low Hurdles	12 & Under -Girls/Boys
4 X 100 Meter Relay	8 & Under, 10 & Under, 12 & Under – Girls/Boys
400 Meter Dash	8 & Under, 10 & Under, 12 & Under – Girls/Boys
200 Meter Dash	8 & Under, 10 & Under, 12 & Under – Girls/Boys
4 X 400 Meter Relay	10 & Under, 12 & Under – Girls/Boys