7AM – 8AM: SCRATCHES & MARKS

8:00AM: Pole Vault & Discus Begin

8:30AM: Long Jump, Triple Jump, High Jump, & Shot Put Begin

9AM: Running Events Begin

*<mark>The 3200 Meter Run for 14U, 16U, and 18U Boys/Girls will be the FIRST RUNNING</mark> EVENT of the day, starting at 9 am.

ATHLETE REPORTING FOR EVENTS/RACES:

*The field events will begin at the designated time, in the order of the listed age divisions.

*Girls heats will run <u>before</u> Boys heats for each age division and running events will start with the youngest available age division for each event and move up through all genders and age divisions.

*All runners MUST report and physically check in at the heating area when their events are called and MUST stay in the heating area until their heat is taken to the starting line. ALL runners MUST report RACE READY... THIS MEANS DO NOT BRING EXCESS ITEMS WITH THEM TO CHECK IN.

*This is a rolling schedule. So please make sure athletes are present at the initial start time of each event and actively listen to the announcements that will be made, as we will not wait on anyone who is not present at the start of their age division.

FIELD EVENTS: Triple Jump Take-off boards on all runways will be at distances of 24', 32', and 38'. Athletes will need to declare which take-off board they are using when they check-in for their event, and they may not change boards during their competition. No other take-off distances will be permitted so athletes should practice using these distances prior to arriving at State.

We do not anticipate any changes in the meet schedule currently; however, note that the schedule can be subject to change. Please check with officials on meet date to get a copy of the most current schedule and pay attention to announcements regarding schedule changes.

7AM – 8AM SCRATCHES & MARKS

9AM: Running Events Begin

FIELD EVENTS: (14 & Under, 16 & Under, 18 & Under Divisions)

Pole Vault (8am): Mat 1 14 & Under Girls 16 & Under Girls 18 & Under Girls

Pole Vault (8am): Mat 2

14 & Under Boys16 & Under Boys18 & Under Boys

Discus (8am)

14 & Under Boys/Girls16 & Under Boys/Girls18 & Under Boys/Girls

Long Jump (8:30am): Pit 1 (B) Pit 2 (G)

14 & Under Boys/Girls 16 & Under Boys/Girls 18 & Under Boys/Girls Triple Jump (8:30am): Pit 3 (B) Pit 4 (G) 14 & Under Boys/Girls 16 & Under Boys/Girls 18 & Under Boys/Girls

High Jump (8:30am) 14 & Under Girls

16 & Under Girls 18 & Under Girls

High Jump (8:30am)

14 & Under Boys16 & Under Boys18 & Under Boys

Shot Put (8:30am): Pit 2 (G & B) 14 & Under Boys/Girls 16 & Under Girls/Boys 18 & Under Girls/Boys

RUNNING EVENTS: (14 & Under, 16 & Under, 18 & Under Divisions)

*9AM: 3200 M Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
400 Meter Relay: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
100 Meter Hurdles (30"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
110 Meter Hurdles (36"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
800 Meter Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
100 Meter Dash: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
400 Meter Dash: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Hurdles (30"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Hurdles (30"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Hurdles (36"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Hurdles (36"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Hurdles (36"): 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
300 Meter Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
1600 Meter Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
1600 Meter Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls
1600 Meter Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls

7AM - 8AM SCRATCHES & MARKS

9AM: Running Events Begin

FIELD EVENTS: (8 & Under, 10 & Under, 12 & Under Divisions)

Long Jump (8:30am): Pit 1 8 & Under Boys 10 & Under Boys 12 & Under Boys

Long Jump (8:30am): Pit 2 8 & Under Girls

10 & Under Girls 12 & Under Girls

Shot Put (8:30am): Pit 1

10 & Under Boys 12 & Under Boys High Jump (8:30am) 8 & Under Girls 10 & Under Girls 12 & Under Girls

High Jump (8:30am) 8 & Under Boys 10 & Under Boys 12 & Under Boys

Shot Put (8:30am): Pit 1 10 & Under Girls 12 & Under Girls

RUNNING EVENTS (6 & Under, 8 & Under, 10 & Under, 12 & Under Divisions)

*9AM: 3200 M Run: 14 & Under Boys/Girls, 16 & Under Boys/Girls, 18 & Under Boys/Girls

50 Meter Dash: 6 & Under Boys/Girls, 8 & Under Boys/Girls

400M Relay: 8 & Under Boys/Girls, 10 & Under Boys/Girls, 12 & Under Boys/Girls

80M Low Hurdles: 12 & Under Boys/Girls

800M Run: 8 & Under Boys/Girls, 10 & Under Boys/Girls, 12 & Under Boys/Girls **100 Meter Dash:** 6 & Under Boys/Girls, 8 & Under Boys/Girls, 10 & Under Boys/Girls, 12 & Under Boys/Girls

400M Dash: 8 & Under Boys/Girls, 10 & Under Boys/Girls, 12 & Under Boys/Girls **200M Dash:** 8 & Under Boys/Girls, 10 & Under, 12 & Under Boys/Girls

1600 Meter Run: 10 & Under Boys/Girls, 12 & Under Boys/Girls

1600M Relay: 10 & Under Boys/Girls, 12 & Under Boys/Girls

<u> Complete Order of Running Events (6 & Under – 18 & Under)</u>

Starting at 9AM

ROLLING SCHEDEULE AFTER THE FIRST EVENT

*9AM: 3200 M Run: 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

50 Meter Dash: 6U Girls, 6U Boys, 8U Girls, 8U Boys

400 Meter Relay: 8U Girls, 8U Boys, 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

80M Low Hurdles: 12U Girls, 12U Boys

100 Meter Hurdles (30"): 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

110 Meter Hurdles (36"): 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

800 Meter Run: 8U Girls, 8U Boys, 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

100 Meter Dash: 6U Girls, 6U Boys, 8U Girls, 8U Boys, 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

400 Meter Dash: 8U Girls, 8U Boys, 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

300 Meter Hurdles (30"): 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

300 Meter Hurdles (36"): 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys **200 Meter Dash:** 8U Girls, 8U Boys, 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

1600 Meter Run: 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

1600 Meter Relay: 10U Girls, 10U Boys, 12U Girls, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

<u> Complete Order of Field Events (6 & Under – 18 & Under)</u>

Starting at 8AM

ROLLING SCHEDEULE AFTER EACH FIRST EVENT

Pole Vault (8am): Mat 1 (G): 14U Girls, 16U Girls, 18U Girls

Pole Vault (8am): Mat 2 (B): 14U Boys, 16UBoys, 18U Boys

Discus (8am): 14U Girls/Boys, 16U Girls/Boys, 18U Girls/Boys

Long Jump (8:30am): Pit 1 (B): 8U Boys, 10U Boys, 12U Boys, 14U Boys, 16U Boys, 18U Boys

Long Jump (8:30am): Pit 2 (G): 8U Girls, 10U Girls, 12U Girls, 14U Girls, 16U Girls, 18U Girls

Triple Jump (8:30am): Pit 3 (B): 14U Boys, 16U Boys, 18U Boys

Triple Jump (8:30am): Pit 4 (G): 14U Girls, 16U Girls, 18U Girls

High Jump (8:30am): 8U Girls, 10U Girls, 12U Girls, 8U Boys, 10U Boys, 12U Boys, 14u Girls, 14U Boys, 16U Girls, 16U Boys, 18U Girls, 18U Boys

Shot Put (8:30am): Pit 1 (G): 10U Girls, 12U girls, 14U girls, 16U Girls, 18U Girls

Shot Put (8:30am): Pit 2 (B): 10U Boys, 12U Boys, 14U Boys, 16U Boys, 18U Boys

PARTICIPANTS ELIGIBILITY: Participants must be a member of a TAAF Region 9 Track team or an unattached individual residing within the boundaries of TAAF Region 9. Participants must have a TAAF Individual Sports Registration (with TAAF ID#) and the participant. Participants must be registered in the correct age division set forth by TAAF. Individuals may choose to compete in a higher age division. However, once they compete in one (1) higher age division, they must compete in that age division for all events. **Each participant must possess a copy of his/her birth certificate in the case of eligibility protest.** All participants must be entered in the regional track meet by **Monday, July 7 at Noon**.

YEAR OF BIRTH	DIVISION
2019 & 2020	6 & Under
2017 & 2018	8 & Under
2015 & 2016	10 & Under
2013 & 2014	12 & Under
2011 & 2012	14 & Under
2009 & 2010	16 & Under
2007 & 2008	18 & Under

REGIONAL MEET PARTICIPANT ENTRY: The entry fee is \$10.00 per event/participant and \$30 per relay event. All participants must register/enter online at <u>www.TAAF.com</u> by **Monday, July 7 at Noon.** We will **NOT** be able to add entries or athletes after this deadline. It is the coaches'/parents' responsibility to register the athlete correctly. Coaches, please make sure you are entering an email address for each participant when registering.

EVENT LIMITATIONS: Participants who are in the 6 & Under divisions may only compete in two (2) events total. Participants who are in the 8 & Under, 10 & Under and 12 & Under divisions may only compete in three (3) events total <u>including the relays.</u> Participants who are in the 14 & Under, 16 & Under and 18 & Under shall not be allowed to compete in more than three running events, including the relays and in not over five events total (A total of up to 3 running events and 2 field events). As per U.1.L Constitution and Contest Rule, no contestant shall be allowed to enter more than three (3) of the following events: 400m, 800m, 1600m or 3200m. This does not prevent from running on the relays, provided he/she is entered in **no more** than 3 running events. **Note:** Being listed as an alternate does not count as an event.

RELAY TEAMS: A relay team can consist of 4-6 people. To replace any member of the relay team, the person substituting must be listed as an alternate on the official registration. Only officially listed alternates will be allowed to substitute. The TAAF registration software allows you to place alternates when registering your team. It is recommended to list 6 names, as you will not be allowed to add alternates at the regional or state meet. For each relay team entered, a declaration form must be completed and emailed to Dhailey@mylubbock.us by July 7 at Noon. The athlete names listed on the declaration form must match those entered in the registration system.

PERFORMANCE LIST: A performance list of all registered athletes will be posted to <u>www.TAAF.com</u>. Coaches and parents, please review the list at that time. Changes **MUST** be submitted within 24 hours. Changes can be made by submitting information to <u>Dhailey@mylubbock.us</u>. Changes to an incorrect age group or gender will be made free of charge. Changes to events will cost \$7 per event and \$30 for relay events and payments must be made **PRIOR** to the changes being made. Changes will not be accepted after the 24 hour time-frame and changes will **NOT** be made the day of the event. Coaches and parents, please help inform us of any participant that you know will not be participating at the regional meet. Refunds will not be given.

HEAT SHEETS: Heat sheets will be posted after all changes are made at <u>www.TAAF.com</u>. An email will go out to everyone who is registered once it has posted. Heats will be randomly assigned--seed times will not be used to create heats.

SCHEDULE OF EVENTS: Gates will open at 7am. Coaches meeting at 7:30am on field. Scratches and Marks will be from 7am - 8am, Pole Vault and Discus will begin at 8am, **all other field events** will begin at 8:30am, Running events will begin at 9:00am.

ADMISSION & PACKET PICKUP: General Admission (All ages 6 and older) will be \$10.00. **Cash only.** Athletes and coaches must be in uniform to be allowed into the stadium at no charge. Coaches' passes will be handed out with the team packet which can be picked up and also be located at the check-in table at 7am upon gate entry on **Saturday, July 12th**.

RULES: 1 - NO TENTS in the stands. Team tents **ONLY** will be allowed to set up camp anywhere inside the gates around track, or in grass areas around the throwing area. **2** - PARTICIPANTS/ATHLETES ONLY WILL BE ALLOWED ON THE TRACK AND STADIUM SURFACE DURING THE MEET. This is the same rule used and adhered to at the State Meet and this will be enforced at this Regional Meet. **3** - NO COACHES WILL BE ALLOWED ON THE TRACK UNLESS FOR EMERGENCY PURPOSES AND/OR UNLESS APPROVED BY MEET OFFICIALS. NO PARENTS ON FIELD.

EXCEPTION – During 4x100 Relay Events **ONLY a maximum of two (2) coaches per team may be on the Track to assist runners in setting their marks. Coaches on the track must remain off the physical track during the event and may not run along the track during events. Forfeiture of relay teams and/or individuals may result. Running event participants should check in at the heating tent when calls are made. Runners missing their posted heats will be disqualified, regardless if the event is still in progress. **4** - **DO NOT BE LATE.** Field event participants must check in with the Field Event Clerk at the listed starting times. Field Event participants **MUST** show up to their designated area to check in at their designated time. Participants in field and running events **MUST** check in with the designated Field Event Clerk before leaving to participate in their running event.

RUNNING EVENTS: 1.) All running events will finish at approximately the same finish line. Due to the nature of the cameras and the timing system. All dashes: (50 m dash, 100 m dash, 80 m hurdles, 100 m hurdles, 110 m hurdles) will be run from left to right, regardless of the wind direction. **2.)** The number of berths issued to the state meet will be the top 3 regional qualifiers per event results. **3.)** All participants for all running events must check in at the announced times at the Heating Tents. Meet officials will escort all participants to the starting line. Heating for field events could be held at different locations, as needed; announcements will be made. **4.)** All participants in all running events will be required to wear a leg number corresponding to their lane assignment. These numbers will be issued to each runner at the heating tent. Runners may not participate without this number.

PROTEST: Per official TAAF and UIL rules, Judgment Calls and Decisions by TAAF Region 9 Finish Line Judges/Timers and/or Meet Officials are **FINAL**, and **CAN NOT BE PROTESTED!** Rule Interpretation protests and/or appeals are the only types of protests allowed and must be made to the Meet Referees at the time of the incident. Protests must be submitted in writing (by the Head Coach only) with all information included as to the reason for the protest, which event, heat number, age group, and gender. Protest Fee = \$50.00 each. Fee will be refunded only if protest is upheld. For all age protests, the coach has 30 minutes from the moment they are notified to produce a valid birth certificate. All coaches/parents are asked to have participants' birth certificates on hand at the regional track meet. TAAF and UIL rules also state that **ONLY** video equipment approved by TAAF Region 9 shall be used to make finish line decisions. Home videos will not be allowed to be used for protests. Protests are to be made to the Meet Director. Before submitting a protest, especially if it involves decisions at the finish line, please consider the fact that the finish line of each race is being professionally videotaped and timed electronically, as you will not be refunded if you lose the protest.

AWARDS & ADVANCEMENT TO THE STATE TRACK & FIELD MEET: The Awards area will be located near the concession stand. All awards may be picked up here. State Meet qualifiers must also pay their State Meet Entry Fee (\$10.00 per event qualified for) when awards are picked up. Medals will be awarded for 1st place, 2nd place and 3rd place. All State Meet Entry Fees for all qualifiers must be paid to the Meet Director by the conclusion of the meet on **Saturday, July 12th**. The top 3 finishers in each event will qualify for the 2025 TAAF State Meet in Bryan/College Station, Texas, July 31st – August 3rd. State Registration fee will be \$10.00 per person, per event. Cash or checks, payable to: "TAAF Region 9" will be accepted. Qualifiers who know that they will not compete at the State Meet are requested to notify Meet Officials. Only the top 3 place finishers in each event will qualify for the State Meet. **COACHES:** Please make sure all of your athletes and their parents/spectators know and understand these rules and guidelines. We understand that some may not be to your liking, however, due to the nature of the sport of Track & Field and for proper meet operation and safety, rules of this kind must be adhered to. Thank you for your efforts this year! Good Luck!

