



2025 Connecticut Masters' Games & USATF CT Masters

TRACK & FIELD MEET

Saturday, May 31st, 2025

Middletown High School

Middletown, CT 06457

USATF Sanction #



Track Schedule

Event	Time
Race Walk 1500M	9:30 AM
Power Walk 1500M	10:00 AM
50 Meter	10:45 AM
100 Meter	11:20 AM
1500 Meter	12:10 AM
400 Meter	12:50 AM
800 Meter	1:40 PM
3000 Meter	2:20 PM
200 Meter	3:00 PM

Male & Female Age Divisions:

30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

- Connecticut Masters' Games Medals: Awarded to top 3 finishers in each age division regardless of State, USATF membership is NOT required
- USATF Connecticut Medals Awarded to top 3 finishers in each age division, CT residents ONLY; MUST be a member of USATF
- All athletes receive a free souvenir T-shirt
- \$38 for two events, \$5 for each additional event, Max 6 events
- FIELD EVENTS START TIME: 8:30 AM
- TRACK EVENTS START TIME: 9:30 AM

Register Online: csmg.org

Field Schedule

Women - All Ages		Men 30-39		Men 40-49		Men 50-54		Men 55-59	
8:30 AM	Shot Put	8:30 AM	Long Jump						
8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault
9:20 AM	Javelin	9:10 AM	Triple Jump						
9:40 AM	Triple Jump	10:00 AM	High Jump	10:00 AM	High Jump	10:00 AM	High Jump	10:00 AM	High Jump
10:20 AM	Long Jump	10:40 AM	Javelin	10:00 AM	Shot Put	10:40 AM	Javelin	10:00 AM	Shot Put
11:45 AM	Discus	11:15 AM	Shot Put	10:40 AM	Javelin	11:15 AM	Shot Put	11:40 AM	Javelin
12:00 PM	High Jump	1:00 PM	Discus						
Men 60-64		Men 65-69		Men 70-74		Men 75-79		Men 80+	
8:30 AM	Javelin	8:30 AM	Triple Jump	8:30 AM	Discus	8:30 AM	Triple Jump	8:30 AM	Triple Jump
8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault	8:30 AM	Pole Vault
10:00 AM	High Jump	9:10 AM	Shot Put	10:00 AM	High Jump	9:10 AM	Long Jump	9:10 AM	Long Jump
10:15 AM	Triple Jump	9:10 AM	Long Jump	10:00 AM	Shot Put	9:30 AM	Discus	9:30 AM	Discus
10:30 AM	Discus	10:00 AM	High Jump	11:00 AM	Triple Jump	10:00 AM	High Jump	10:00 AM	High Jump
11:00 AM	Long Jump	12:15 PM	Javelin	11:50 AM	Long Jump	10:00 AM	Javelin	10:00 AM	Javelin
12:00 PM	Shot Put	1:00 PM	Discus	1:00 PM	Javelin	11:10 AM	Shot Put	11:10 AM	Shot Put