



March 28 - 30, 2025

Competition Schedule

Friday, March 28, 2025

Session 1 – Evening 71 Gymnasts
Level 1 – Top Flight & Win Kids
Level 2 – Plano Aerobats, Top Flight & Win Kids
Xcel Bronze – Achievers, Classic & Plano Aerobats

Doors Open at 4:45 PM
Coaches Meeting 5:10 PM
Open Stretch: 5:15 PM
March In: 5:30 PM
Compete: 5:55 PM
Awards: 7:45 PM



Saturday, March 29, 2025

Session 2 – Morning 70 Gymnasts

Xcel Gold – All Divisions

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:40 AM
Awards: 11:00 AM

Session 3 – Mid-day 69 Gymnasts

Level 4 & Level 5 – All Divisions

Doors Open once previous session clears
Coaches Meeting 12:10 PM
Open Stretch: 12:15 PM
March In: 12:30 PM
Compete: 12:55 PM
Awards: 3:15 PM

Session 4 – Afternoon 30 Gymnasts

Level 6, Level 7, Xcel Platinum & Diamond – All Divisions

Doors Open once previous session clears
Coaches Meeting 4:10 PM
Open Stretch: 4:15 PM
March In: 4:30 PM
Compete: 4:55 PM
Awards: 6:10 PM

Session 5 – Evening 52 Gymnasts

Xcel Silver – All Divisions

Doors Open once previous session clears
Coaches Meeting 6:50 PM
Open Stretch: 6:55 PM
March In: 7:10 PM
Compete: 7:30 PM
Awards: 8:45 PM



Sunday, March 30, 2025

Session 6 – Morning 81 Gymnasts

Level 3 All Divisions

Doors Open at 7:30 AM
Coaches Meeting 7:55 AM
Open Stretch: 8:00 AM
March In: 8:15 AM
Compete: 8:40 AM
Awards: 10:45 AM

Session 7 – Mid-day 85 Gymnasts

Level 1's, XB from EWA Anna & Level 2 Small Teams

**Level 1's – EWA Anna, Forever Gymnastics, Olympo, Outlaw, Texas
Best & Trinity All-Stars**

**Level 2 Small Teams – Forever Gymnastics, Gym Star Sulphur Springs
& Greenville, Gym Tricks, Gymnastics Unlimited, Olympo & Trinity All-
Stars**

Doors Open once previous session clears
Coaches Meeting 11:45 AM
Open Stretch: 11:50 AM
March In: 12:05 PM
Compete: 12:25 PM
Awards: 2:20 PM

Session 8 – Afternoon 64 Gymnasts

Level 2 Large Teams

**Level 2 Large Teams – Metroplex, Outlaw, Richardson, Sunbelt, Texas
Best**

Doors Open once previous session clears
Coaches Meeting 3:25 PM
Open Stretch: 3:30 PM
March In: 3:45 PM
Compete: 4:05 PM
Awards: 6:05 PM



Round'em Up Cowgirls Information

Meet Site:

Win Kids
3000 Waketon Rd
Flower Mound, TX 75028

Phone:

972-355-9988

Admission:

\$10.00 per Session Adults
\$18.00 Weekend Pass Adults
\$5.00 per Session Seniors/Military/First Responders
\$5.00 per Session Children (5-12)

Other:

Concessions, Programs, T-shirts and Shout-Outs will be available during all sessions.

Hotel:

Courtyard Marriott – Closets to the gym
4330 Courtyard Way
Flower Mound, TX 75028
214-626-2000

Home 2 Suites by Hilton
4231 River Walk Dr
Flower Mound, TX 75028
855-679-0366