### 2023 Greenway Challenge

"Special Edition Up River Course" Course Maps and Cue Sheets

Revised: September 18, 2023

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# 4.5 run through the trail system with return to the starting line. West Hill Dam Park, Uxbridge, MA

#### https://strava.app.link/O9kLCAky3Cb

- 1. Start at the speed bump on the far side of the bridge with pond/ beach on your left
- 2. Run up the road heading out of the park towards old guard shack
- 3. Run past the old guard shack on the right side road
- **4.** Turn right into the double track just after the camper's site (.3 miles)
- 5. Follow the double track and go right at the split (.5 miles)
- **6.** Turn right on to Quebec
- **7.** When you come off of Quebec look for red greenway signs on the trees- you are taking a left then another left
- 8. Go right onto golf
- **9.** Follow Golf and turn left about 1.5miles (small intersection) and follow red arrows up unmistakable hill (Golf hill)

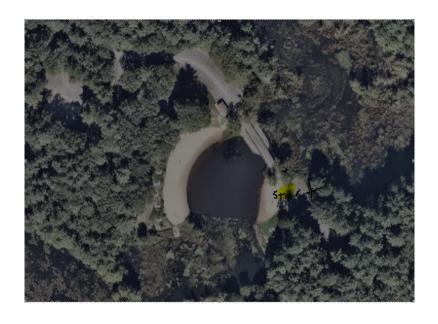
- **10.** At the top of hill stay left
- 11. Follow this main trail which will be marked with red arrows and at about 1.9 miles look for the Foxtrot single track at the intersection in front of you
- 12. You will take the right onto foxtrot and follow this until the end.

  At the end you take a left off foxtrot
- 13. Go up the sand hill (you were at this section earlier) and now you want to follow the BLUE greenway arrows. Go straight until you come to the end of foxtrot
- **14.** Then take a right onto Echo
- 15. At the end of Echo turn left back out to the road
- **16.** Cross road & go straight onto Delta (slightly to the right)
- **17.** At the end of Delta single track go straight across the field and straight down the access road
- **18.** Take a right like you are going to the skills park (not to Charlie trail)
- 19. Stay on the double track and follow it to the bottom
- 20. Turn right head over the river bridge up hill
- **21.** Go left at top
- 22. Enter woods and stay to right to follow Papa
- **23.** Take right at end of Papa.
- **24.** Follow this main trail when you come to the end of the trail, take your first main right where there is a greenway arrow
- **25.** Follow to the end and take a left run all the way down and into the park
- **26.** Take right to finish

This will be marked really well for race day and people will be at the tricky sections. This is a fun, rolling, climbing, and somewhat challenging trail run!



#### **Segment 1 Start**



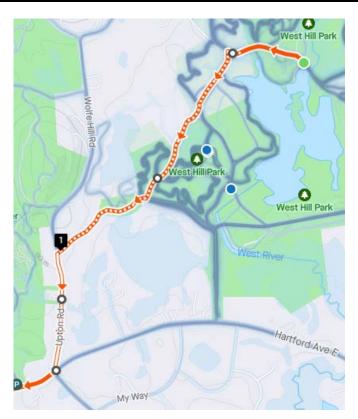
#### Street Bike

## 11.4 Mile Course from West Hill Dam, Uxbridge to Marion's Camp Sutton

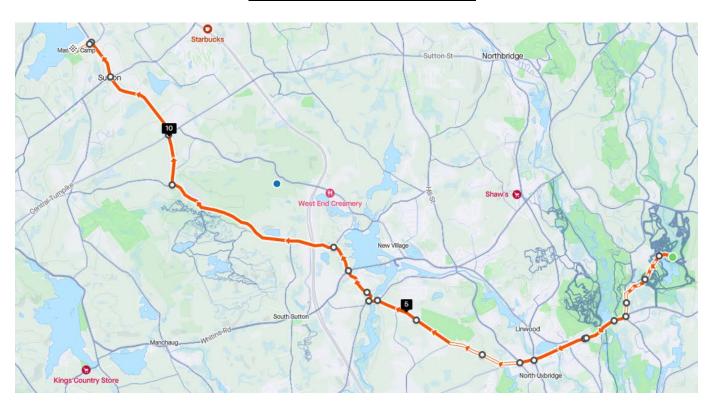
https://www.strava.com/routes/3137192787097539802

0.00	Start: West Hill Dam
0.70	Rice City Field
2.00	STRAIGHT THROUGH intersection with Route 122
	[Police]
2.40	BEAR RIGHT onto Sutton Street (Sutton Street
	becomes McGuire Road)
4.60	LEFT on Lackey Dam Road [Police]
4.70	RIGHT on Prescott Road
5.40	STRAIGHT THROUGH intersection with Main Street to
	Prentice Road [Police]
	STRAIGHT on Prentice Road, which becomes Mendon
	Road.
8.00	Go Past "Airfield" on Mendon Road (on the right)
8:45	Right on Uxbridge Road
9:65	Intersection with Central Turnpike. GO STRAIGHT
	THRU. [Police]
10:45	STRAIGHT THRU 4-Way Stop onto Singletary Avenue
11:00	LEFT onto Tuttle Road [Police]
11:40	END: Marion's Camp

### **Leaving West Hill Dam Park On Street Bikes**



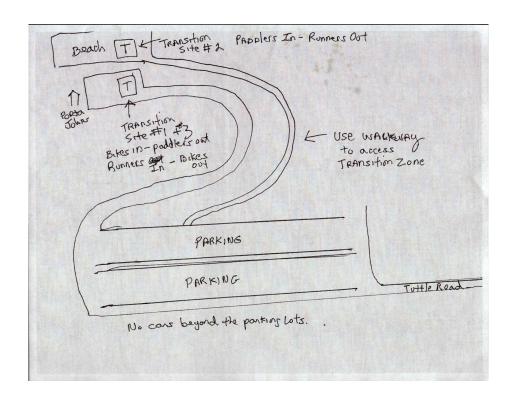
**Full Segment 2** 



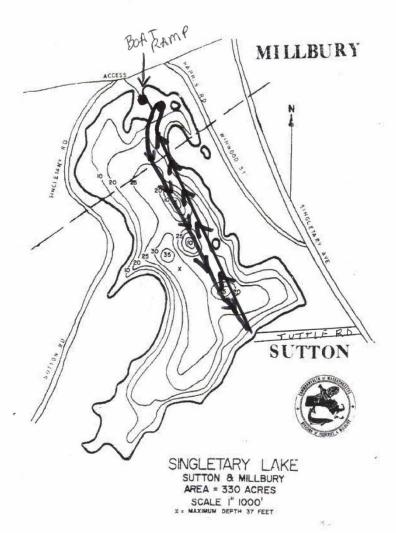
### **Transition at Marion's Camp from Segment 2 to 3**



### Transition Zones locations at Marion's Camp



## 2.5 mile paddle up and back on Lake Singletary from Marion's Camp

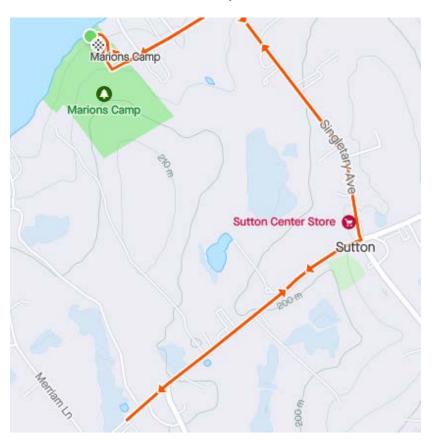


Round Trip starting at Marion's Camp (Town Beach), Tuttle Road, Sutton

Follow western shore line up to Millbury Boat Ramp. When paddler is within sight of the boat ramp, he/she will shout out his/her boat number to the volunteer on the ramp. Once number has been confirmed by the volunteer, paddler returns to Marion's Camp.

3.0 Miles Street Run From Marion's Camp following the MRA's "Summer Solstice Race" https://www.strava.com/routes/3137523433306854408

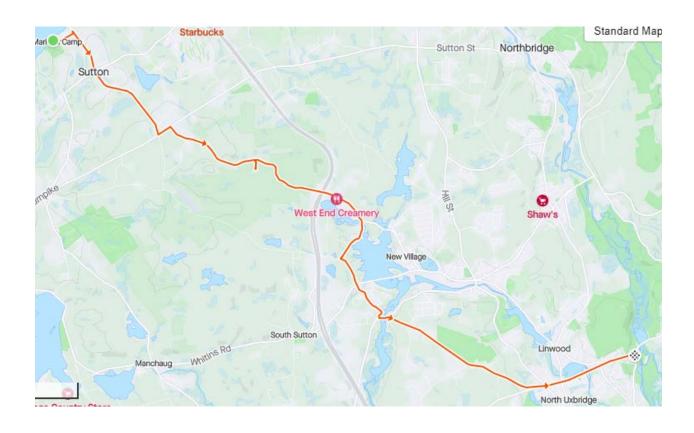
0.00	Start: Marion's Camp
0.35	RIGHT on Singletary Ave. [Police]
	(Note: Runner stay on right side of road) RIGHT on
0.90	Boston Road (use sidewalk) REACH end of Sidewalk
1.50	(across from schools) return to Marion's Camp by
	same way.
2.1	Left on Singletary Ave.
2.7	Left on Tuttle Road
3.0	End: Marion's Camp Beach



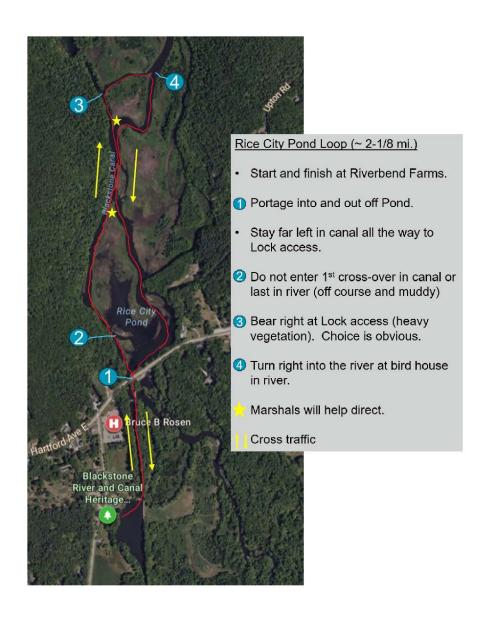
#### 10.9 Miles Street Bike From Marion's Camp, Sutton to Riverbend Farm, Uxbridge

#### https://www.strava.com/routes/3137530645424921608

0.00	Leave Marion's Camp on Tuttle Road
0.25	RIGHT on Singletary Road [POLICE]
0.80	STRAIGHT THRU 4-Way Stop to Uxbridge Road
2.10	LEFT on Central Turnpike [POLICE]
2.30	RIGHT on Purgatory Road
5.40	RIGHT on Burden Street
5.60	Merge RIGHT onto Carr Street
6.00	LEFT on Prentice Road
6.40	STRAIGHT ACROSS Main Street to Prescott Road [POLICE]
7.00	LEFT onto Douglas Road [POLICE]
7.10	RIGHT onto McGuire Road
7.45	STRAIGHT THRU 4-Way Stop (McGuire becomes Sutton St.)
9.30	At Stop Sign, Merge with West Hartford Avenue
9.50	STRAIGHT THRU 4-Way Stop
9.70	STRAIGHT THRU intersection with Route 122 (West Hartford
	Ave. becomes East Hartford Ave.) [POLICE]
10.30	STRAIGHT THRU 4-Way Stop
10.75	RIGHT on Oak Street
10.90	END at Riverbend Farm



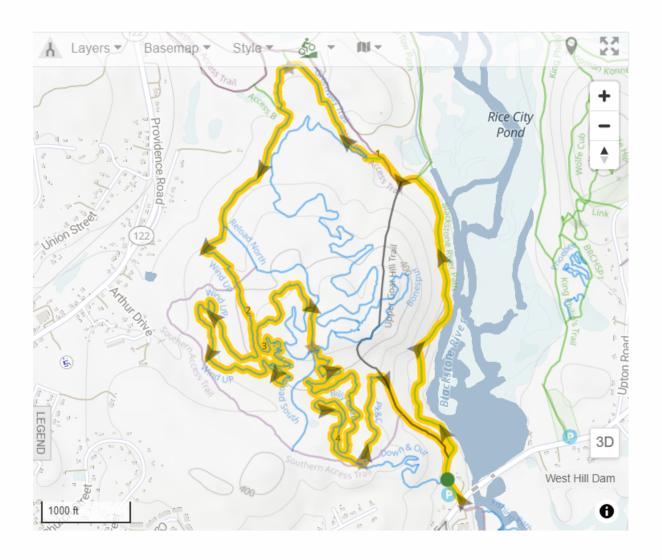
#### 2 mile river paddle at Rice City Pond Start and finish at Riverbend Farms



### 5.0 Mile Mountain Bike Course Goat Hill Uxbridge MA

#### https://www.trailforks.com/route/greenway-2023/

- 1. Walk southeast on Blackstone River Path.
- 2. Continue for 90 meters.
- Walk north on Blackstone River Path.
- 4. Continue for 80 meters.
- 5. Keep right to stay on Blackstone River Path.
- 6. Continue for 1 kilometer.
- 7. Bear left onto Northern Access Trail.
- 8. Continue for 200 meters.
- 9. Turn left onto G&N Connector.
- 10. Continue for 50 meters.
- 11. Turn right onto Greenway Trail.
- 12. Continue for less than 10 meters.
- 13. Walk west on G&N Connector.
- 14. Continue for 50 meters.
- 15. Turn right onto Greenway Trail.
- 16. Continue for 600 meters.
- 17. Turn left onto Reload North.
- 18. Continue for 500 meters.
- 19. Bear right onto Wind UP.
- 20. Continue for 2.5 kilometers.
- 21. Walk southeast on Reload North.
- 22. Continue for 30 meters.
- 23. Turn right onto Billy Goat.
- 24. Continue for 1.5 kilometers.
- 25. Turn left onto Southern Access Trail.
- 26. Continue for 20 meters.
- 27. Turn left onto Pk&C.
- 28. Continue for 400 meters.
- 29. Bear right onto Upper Goat Hill Trail.
- 30. Continue for 400 meters.





# 3.5 mile road run from Riverbend Farm to Whitin Community Center in Whitinsville, MA (Finish Line)

https://connect.garmin.com/modern/course/13416770

0.19 mi.	Head Southwest on East Hartford Ave. (sidewalk on left side
	Note: Cross road from left to right side near Crown and
	Eagle Mill (volunteers will assist)
1.18 mi.	Cross Rt. 122 and follow North on sidewalk [POLICE]
1.63 mi.	Turn Left onto Linwood Avenue
	Note: Just past Linwood Mill, cross to right side of Linwood
	Avenue at crosswalk [POLICE]
2.79 mi.	Turn Right onto Cross Street
2.99 mi.	Cross Church Street at St. Patrick's Church onto Prospect St.
	[POLICE]
3.07 mi.	Turn Left onto Cottage Street.
3.4 mi.	Turn Right onto Hill Street.
	Note: Just before Carr Funeral Home, cross Hill Street at
	crosswalk [POLICE]
3.5 mi.	Run up Hill Street. Enter Whitin Park near Tennis Court.
	Finish Line.

