NCRC Quarterly Board Meeting Thursday, July 6, 2023, at 6:30 pm Grace Lutheran Church on Six Forks Road

Members Present: Dasarathy Raghavan, Tyler Pake, Barbara Latta, Gerald Armentrout,

Susan Hatch

Other Members Present:

Members Absent: Jack Threadgill, Mandy Posgai

Meeting Start: ~ 6:30 pm

1. Update from Tyler on the NCRC training program:

- a. Tyler is currently working on training plans for three confirmed NCRC members.
- b. In discussions with another non-current but soon to be NCRC member about his running goals and potential training plan.
- c. Tyler to go to this Saturday's Galloway run to give a 10-minute talk and stay around after the run for a Q&A opportunity.
- d. Dasa and Tyler to work off-line about a possible opportunity for NCRC members to join the weekend long runs from various locations around the area with Galloway at a discounted price and how to best communicate this opportunity to NCRC members.

2. Update from Brad on the ATT 10-Miler:

- a. No update from Brad.
- b. Dasa is working with Dave of Race Reach to put together a consolidated list of all the finishers of all the NCRC races so we can determine who might be eligible for a special finisher prize across all events. List expected in August.

3. Social Runs

- a. July 15 is the Sunflower Run at Dix Park.
 - i. Expecting this to be a large event. We have rented a shelter for the event.
 - ii. Michael Radford will lead the run.
- b. Dasa and Tyler are switching which upcoming social runs they will be hosting (new plan):
 - i. Tyler is leading the August Run.

- ii. Dasa is leading the September Run.
- iii. Dates for these runs are not yet set.
- 4. Tyler's Update on Sir Walter relay team for Aug. 4.
 - a. Team of 4 is set; 3 from last year, one new person joining the team.
 - b. Esther & Jack are working on getting singlets for the race.
 - c. Relay back at Meridith College this year.
 - d. Jack will be posting a time and place for people to meet before the event.

5. Wild Bill 5K

- a. NCRC table at the Wild Bill 5K on Aug. 5.
- b. NCRC donates race supplies for that race.
- c. Wild Bill 5K is the day after the Relay.

6. September 30 USATF Cross Country Race

- a. Day long event scheduled for September 30, in Oxford, NC.
- b. Based on what is posted online, it appears that the race is still finalizing their details.
- c. Tyler reached out to Bull City Running to see if they had any more info and they did not.
- d. There are several people who may be interested in having NCRC teams. Tyler will be checking to see what level of interest there is and will and reach out to Judy to organize if there will be teams.
- e. Will be sharing more information as it becomes available.

7. Membership Update:

- a. 5 new members that have joined from Galloway (coming from the evolving partnership with Galloway).
- b. [At the time of this meeting, the membership numbers were 183 regular and 16 lifetimes for a total of 199].

8. Treasurer's Report (Gerry)

NCRC Treasurer Report July 2023

Race Account

| Current (Bank) Current (Quickbook) June 30, 2023, June 1, 2023, July 1, 2022, | \$ \$ \$: | 13 3 15 | , | 3 6 7 | 3 0 8 | 2 3 2 | | 1; 9; 0; | 8 3 2 |
|---|----------------------|---------------|---|-------------------|-------------|-------------|---|----------------------|-------------|
| June Expense Classic Half 2023 Shelter Rentals Sir Walter FS Series Operations | \$ \$ \$ \$ | | | 2 1 5 | 6 2 0 | 6 5 0 | | 66 20 00 64 |))) |
| June Income ATT-10 2023 | \$ | | | 5 | 8 | 4 | • | 7: | 1 |
| June Donations Umstead Coalition American Red Cross | | 3 | | | | | | | |
| Operating Account Current (Bank) Current (Quickbook) June 30, 2023 June 1, 2023 July 1, 2022 | \$ \$ \$ | 1, | , | 7 8 7 8 3 8 | 33 | 3. 3. | | L 6 L 6 2 3 | .) |
| June Income Memberships Spreadshirt | \$ \$ | | 1 | . 4 | | | | 7 3 | |
| June Expenses CPA | \$ | | 4 | 12 | 5 | | 0 | 0 | |

Money Market Account

| Current | \$ 12 , 103.68 |
|--------------|------------------------------|
| June 1, 2023 | \$12,102.19 |
| July 1, 2022 | \$12,092.08 |

June Income Interest Earned \$ 1.49

9. Adopt a Highway is coming up: September 30

MEETING ENDED: ~ 6:45 PM

NEXT SCHEDULED BOARD MEETING: Tuesday, August 8th, 6:30 pm, Grace Lutheran Church