

*NCRC Quarterly Board Meeting  
Tuesday, August 8th, 2023, at 6:30 pm  
Grace Lutheran Church on Six Forks Road*

Members Present: Jack Threadgill, Mandy Posgai, Gerald Armentrout, Susan Hatch, Barbara Latta, Tyler Pake, Dasa Raghavan

Other Members Present: -

Members Absent: -

Meeting Start: 6:38 pm

1. Approve the minutes of the July meeting.
  - a. Motion to approve July minutes. Motion passed.
2. August membership Report: Total 203. Includes sixteen lifetime members and 187 regular memberships. There are fourteen new members this month, driven in part by our new partnership with Raleigh Galloway.
3. August Treasurer's Report

#### **NCRC Treasurer Report August 2023**

##### **Race Account**

Current (Bank)	\$ 5,306.83
Current (Quickbook)	\$ 4,306.83
July 31 , 2023	\$ 4,323.80
July 1, 2023	\$ 3,603.93
August 1, 2022	\$ 7,620.46

##### July Expense

Operations	\$ 294.69
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##### July Income

ATT-10 2023	\$ 964.56
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##### **Operating Account**

Current (Bank)	\$ 1,240.78
Current (Quickbook)	\$ 1,240.78
July 31, 2023	\$ 783.16

July 1, 2023	\$ 783.16
August 1, 2022	\$ 1,766.79

July Income

Memberships	\$ 381.89
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**Money Market Account**

Current	\$12,105.22
July 1, 2023	\$12,103.69
August 1, 2022	\$12,092.18

July Income

Interest Earned	\$ 1.54
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4. Update on the ATT 10-Miler (Brad's update sent via email)
  - a. Today (8/7/2023) is the last day of registrations before the first price rise.
  - b. Currently there are 178 registrants across both races.
    - i. As of 08/08/2023 there were 187 registered for the race.
  - c. RaceReach has changed their status dashboard so I cannot compare the number of runners against last year; the new dashboard shows money income, and according to that we are ahead of last year's pace. \$6,690 in registration fees has been received.
  - d. The biggest hiccup so far is that we may not be able to use USA Baseball for parking because of construction projects there in October. They are going to keep me in the loop for schedule updates, but in the interim I am pursuing using parking lots at Green Level High School in Cary. They have sufficient parking for the race, and it would cost \$250 to rent. A possible problem is not being able to put a porta-potty there, and renting two inside restrooms would require also renting a custodian for a total of \$90/hour over the morning. May just have to ask folks to wait until they arrive at ATT trailhead.

- e. Race shirts are being planned. Rather than get new finisher premiums, may elect to clean out the ATT-10 closet and give runners a choice of leftover towels, beanies, etc.
  - f. Inside-Out Sports back on board again this year as awards/pickup sponsor.
  - g. Sponsorship deal in progress with Endurance Financial (Charles West's company)
  - h. Will once again be the RRCA North Carolina 10-Mile State Championship, which brings more Gatorade supplies, category awards, and some PR.
  - i. Wake County Sheriff's Office is not contracting directly with organizations for law enforcement coverage any longer; instead, they have outsourced the contracting/invoicing/billing of those services. I am waiting for a contact to help me get started with the new company, RollKall.
  - j. Trying to confirm that usage permit is in place with Wake County Parks, Recreation and Open Space.
  - k. All Wake County parks have new multicolor logos, but former ones remain in effect. Multicolor logos will be more expensive to reproduce, but if we can continue to use the single-color one, might as well use it.
  - l. Trying to streamline the volunteer registration to make clearer what each position does and when they are needed, including some more setup help.
  - m. Signs will go up on the trail before Labor Day.
5. Report on NCRC training program, partnership with Raleigh Galloway (Dasa & Tyler)
- a. Tyler
    - i. 9-10 interested in coaching from the Galloway program; had meetings with them, working on Galloway supplemental plans for during the week.

- ii. Still working to connect with a couple more Galloway members interested in coaching/supplemental training plans.
- iii. Also working with some NCRC members to develop plans.
- iv. There is a good level of interest, Tyler's availability is getting close to being filled completely.

b. Dasa

- i. Add a training/coaching tab to the website.
- ii. Draft blurb for the next Beep-Beep to encourage NCRC members to consider Galloway group for long training runs.

6. Sir Walter Miler (Tyler)

- a. Went well, NCRC team was 20 seconds faster than last year, but still last.
- b. NCRC singlets were nice but seemed to run a little small.

7. President's Report:

- 1. Update on the Sept. 30 cross country race in Oxford. Registration is likely to start this week. NCRC can promote the club and our races there.
  - i. Judy is working on lining up runners. Registration is open. About ten runners with interest.
  - ii. Entry fee is \$30 per runner; NCRC should cover the entry fees.
  - iii. Most interest is for women in forties, men in fifties; we would like to have teams in each group.
  - iv. Registration is now open. NCRC to provide singlets to runners.
  - v. Runners must be USATF members to be eligible for awards; do not need to be USTF members to run.

- vi. We would like to get members to come and support the group at the race on September 30.

## 8. Social Runs

### a. August Social Run

- i. Tyler is leading the August Social Run this Saturday at Ed Yerha Park in Cary.
- ii. Going to have Two \$10 Andia's ice cream gift cards and Sir Walter Swag to give away.
- iii. Jack has water. Tyler to bring light refreshments.
- iv. Gather 6:30; picture 6:45 plan to start running about 7am.

### b. September Social Run

- i. Dasa will lead the September run.
- ii. Going to see about joining Galloway for their 8-mile morning run. Starts at Fleet Feet on Six Forks. Meet at 6:30, running starts at 7.

## 9. 3rd Quarter Meeting

- a. The third quarter meeting is coming up Sept. 10 at Pullen Park. Hopefully, the location will encourage more people to attend. A co-owner from Bull City Running will be coming to speak to the group.

10. The newsletter deadline is Aug. 15.

11. Adopt A Highway is Sept. 30 starting at 9am.

12. Cambridge Fitness, a new gym in Brier Creek has contacted Jack; interested in potential sponsorship.

- a. Jack to meet with a representative on Thursday to discuss.

MEETING ENDED: ~ 7:01 PM

NEXT SCHEDULED BOARD MEETING: Tuesday, September 12<sup>th</sup> at 6:30 pm, Grace Lutheran Church