

NCRC Monthly Board Meeting
Tuesday, June 13, 2023, at 6:30 pm
Grace Lutheran Church on Six Forks Road

Members Present: Jack Threadgill, Gerald Armentrout, Mandy Posgai, Susan Hatch,
Tyler Pake, Barbara Latta

Other Members Present: Bill Parquet

Members Absent: Dasa Raghavan

Meeting Start: 6:29 pm

1. Approve the minutes of the May meeting.
 - a. Motion to approved – approved.

2. June Membership Report (Jack)
 - a. 193 total; includes 16 lifetime, 177 regular members.

3. June Treasurer's Report (Gerry)
 - a. Hardcopy handed out in meeting (see scan & paste)

NCRC Treasurer Report June 2023

Race Account

Current (Bank)	\$18,095.57
Current (Quickbook)	\$14,732.82
May 31, 2023	\$15,782.02
May 1, 2023	\$18,256.63
June 1, 2022	\$22,944.45

May Expense

Classic Half 2023	\$ 8,006.87
Spredshirt Gifts	\$ 385.00
USATF	\$ 685.88 *
Wake EMS-ATT10	\$ 448.88

May Income

Classic Half 2023	\$ 9,950.55
ATT-10 2023	\$ 600.00

May Donations

Girls on the Run	\$ 372.59
City Oaks Foundation	\$ 371.53

* USATF expense should be \$85.88.

Operating Account

Current (Bank)	\$ 1,358.77
Current (Quickbook)	\$ 1,358.77
May 31, 2023	\$ 1,383.23
May 1, 2023	\$ 1,885.74
June 1, 2022	\$ 1,838.02

May Income

Memberships	\$ 270.14
Spreadshirt	\$ 20.06
Advertising	\$ 285.00

May Expenses

Dinner	\$ 305.74
Newsletter	\$ 300.00

Money Market Account

Current	\$12,102.19
May 1, 2023	\$12,100.65
June 1, 2022	\$12,091.98

May Income

Interest Earned	\$ 1.54
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4. Bill's Report on the NCRC Classic
 - a. Error on report: 262 for the half (219 finishers); 233 for the 10km (203 finishers)
 - b. Overall assessment was an improvement over last year.
 - c. Need to decide on contributions to Umstead Coalition and Red Cross.
 - i. Keep for the club \$2603.03.
 - ii. Motion made for NCRC to donate \$3000 (in addition to the already designated \$445.00) to Umstead Coalition and \$1000 (in addition to the already designated \$191.00) to the Red Cross.
 1. Motion passed.
 - d. Bill's Submitted Report attachment:

5. Anything to report on ATT 10-Miler?
 - a. No update submitted.

6. NCRC Training Proposal (Tyler)
 - a. Reached out and heard back from 5 people interested in joining a training group; one was a non-member.
 - b. Thinking about partnering with Galloway to develop offerings to fill training gaps.
 - c. Possibly offering this year free to members – membership benefit.
 - d. Reach out to YMCA for partnering related to adult training plans.
 - e. Motion made to explore options for a training program.
 - i. Motion Passed.

7. President's Report:
 - a. Upcoming Social Runs:
 - i. Meet at 7 am State Farmers Market on June 24 – social run from there.
 - ii. July 15, 7 am at Dix Park, Sunflowers July Social Run.
 1. Looking into renting Magnolia Shelter for the event.
 - iii. August Social Run
 1. Dasa had agreed to lead a run. No date set yet.

 - b. Upcoming Club Meetings:
 - i. 3rd Quarter: September 10th- Meeting (Sunday) Bull City Running will be speaker. Looking at Pullen Park for the location.
 - ii. 4th Quarter: Tuesday, December 5th, at 6:30 pm. Katie Zaferes will be the speaker at the Unitarian Universalist Fellowship of Raleigh (Founders Hall rental space), 3313 Wade Avenue, Raleigh (Details are posted on NCRC website).

 - c. Dinner and Movie in Durham on Saturday
 - i. Dinner at Neomonde Mediterranean Restaurant (202 N. Corcoran St. #300).
 - ii. Movie (“Go On, Be Brave”) starts at 7pm at the Carolina Theater (309 W. Morgan St.)

NCRC Classic Update

6/13/2023

Registration (final):

- 267 for the Half Marathon (219 finishers)
- 233 for the 10km (203 finishers)

Income:

Income:	Date Paid	Amount
RR-Online Registration	2/1/23	\$75.00
RR-Online Registration	2/8/23	\$284.71
RR-Online Registration	2/15/23	\$244.42
RR-Online Registration	2/22/23	\$349.71
RR-Online Registration	3/1/23	\$703.84
RR-Online Registration	3/8/23	\$677.25
RR-Online Registration	3/15/23	\$498.02
RR-Online Registration	3/22/23	\$923.23
RR-Online Registration	3/29/23	\$1,698.13
RR-Online Registration	4/5/23	\$1,528.10
RR-Online Registration	4/12/23	\$1,028.26
RR-Online Registration	4/19/23	\$1,413.55
RR-Online Registration	4/26/23	\$1,999.13
RR-Online Registration	5/4/23	\$4,424.38
RR-Online Registration	5/11/23	\$1,639.42
RR-Online Registration	5/18/23	\$2,648.41
RR-Online Registration	5/25/23	\$1,180.00
Late Registration		\$60.00
Total Income		\$21,375.56

Expenditures	Type	Amount	Date Paid	How	Paid by me
Umstead Park Permit	Permit	\$130.00	5/11/2023	(BILL) Credit	\$130.00
Town of Cary	Permit	\$75.00	5/17/2023	(BILL) Credit	\$75.00
Holland Rental	Equipment	\$287.16		Invoice	
Forever Clean	Port-a-Johns	\$1,153.16		(BILL) Credit	1153.16
Rex EMS	Service	\$911.25		Invoice	
Cary Police	Service			Checks	
Progressive Graphics	T-Shirts	\$3,503.32	5/18/2023	Invoice	
Progressive Graphics	Signs	\$209.89		Invoice	
Stride Awards	Medals	\$1,025.75		Invoice	
DJ	Service	\$500.00		Check	
Timing	Service	\$2,306.50		Invoice	
Penske Truck	Equipment	\$243.74	5/20/2023	Jack	
Holland Rental	Equipment		5/20/2023	Jack	
Truck Gas	Supplies	\$38.25	5/21/2023	Jack	
Ice for EMS	Supplies			Carolyn	
Ice for Coolers	Supplies			Jack	
Water for Coolers	Supplies	\$49.69	5/20/2023	Jack	
Water for Coolers	Supplies	\$62.12	5/20/2023	Jack	
Awards-Glue	Supplies	\$26.78	4/28/2023	(BILL) Credit	\$26.78
Awards-Tiles	Supplies	\$34.28	4/28/2023	(BILL) Credit	\$34.28
Zip Ties	Supplies	\$9.63	5/19/2023	(BILL) Credit	\$9.63
Donuts	Supplies	\$67.61	5/21/2023	NCRC Card	
Finish Line Water	Supplies	\$48.84	5/13/2023	(BILL) Credit	\$48.84
Cups	Supplies	\$86.74		(BILL) Credit	\$86.74
Bananas	Supplies	\$32.00		(BILL) Credit	\$32.00
Oranges	Supplies	\$36.00	5/19/2023	(BILL) Credit	\$36.00
Chips	Supplies	\$323.41	5/13/2023	(BILL) Credit	\$323.41
Chips Return	Supplies	-\$68.64	5/22/2023	(BILL) Credit	-\$68.64
Mail Awards	Service	\$44.05	5/30/2023	(BILL) Credit	\$44.05
Runner					
Discretionary	p				
Umstead Coalition		\$445.00			
Red Cross		\$191.00			
Group					
Commitments					
Green Level Band		\$500.00			
Galloway		\$500.00			
Grace		\$500.00			
Leesville		\$500.00			
Enloe		\$500.00			
NC Races Fee		\$500.00		Check	
Total Expenditures		\$14,772.53			\$1,931.25
Income - Expenditures		\$6,603.03			

Retrospective:

What went well

- Start 10k at 7:30 instead of 7:15 alleviated some pressure on the restroom line
- Use formula 1 unit / 75 registrations. Had one more unit than 2022 (our numbers were down 100)
- Submit to Cary Special Events to obtain proper barricades instead of cones (Free!)
- Changed formula to registration cutoff + 20% + round up resulted in very few leftover tshirts
- Judy Liu did a great job handing out awards and getting pictures
- Cargo net enabled one trip to the convenience center instead of two for the garbage and bottles.
- Umstead Coalition near the finish got more attention
- Getting a second table from the shed to do both sets awards helped. Finished awards could dry overnight and I wasn't in a hurry to pack them. They weren't stuck together or damaged
- Addressed most of the serious problems from 2022

What could be improved

- Submit Cary permit earlier
- Include instructions to bring a knife or scissors to cut the zip ties to water station instructions
- Location of WS1 portajohn needs to be in the parking area that is not across the street from Beals frontage.
- Portajohns need hand sanitizer
- The park had one cone at a washout near the power lines. Some runners thought this was the turnaround.
- Do not remove ANY barricades until the road is ready to open. When cars were able to drive around the large Type 3 "road closed" barricades, they did while we were still loading the truck.
- I was concerned about the noise level when the DJ first set up. Move the setup closer to the start but point the subwoofer away from the apartments.
- Communicate with Trek Holly Park to coordinate start times for their Sunday Dirt Church ride
- T-Shirt graphic did not look very good, not very much color contrast between the light grey that Progressive used and the tshirts which were lighter than in the proof.
- Bananas from Farmers Market were not very ripe. Need to purchase them earlier.
- Still experimenting with awards times. 10k around 8:45, HM around 9:45?
- Left over awards should be returned to the box stacked vertically instead of horizontally (do not stack on top of each other). When I went to find awards to mail, they were all waste
- Getting t-shirts to WS volunteers (WS1 picked theirs up Saturday)

Other Ideas

- Have an awards volunteer to get pictures for people who leave before ceremonies
- Move Type 2 Barricades to intersection (Cary Events did not pick them up immediately)
- Print a big canvas with NCRC to cover the box truck for pictures (ThinkPG can do this cheaply)

- d. This coming Thursday is the deadline for the Newsletter.

- e. Next Board Meeting
 - i. Next board meeting is scheduled for July 11, but needs to be rescheduled (neither Jack nor Dasa is available).
 - ii. Reschedule for the 6th with Dasa running the meeting. Meeting will be recorded (Secretary unavailable on July 6th).

- f. Upcoming Events
 - i. NCRC has rejoined USA Track & Field as a club, we are planning on entering teams for Sep 30th cross country races. Registration is open next month. We are still looking for people interested in running on the club teams.
 - ii. Master's Track and Field Cross Country Championships (Over 40) in Greensboro (weekend of the 20th of July).
 - iii. Wild Bill 5K (August 5th) NCRC provides the equipment; we would be interested in having a booth to represent the club.
 - iv. August 4th: Sir Walter Relay coming up; NCRC team planning to run, same team as last year, one position not yet confirmed. Need to check with Esther on getting singlets for the team prior to.
 - v. Next Adopt-a-Highway is Sep 23 or 30, at 9 am.

- g. 2024 NCRC Board
 - i. Time to start discussing and planning for changes to the NCRC board for next year.
 - ii. Jack is planning to step down, Dasa open to taking over President position.
 - iii. Both Barbara and Susan are planning to retire from the board but will continue to be active with the club in other capacities.
 - iv. Mandy is not planning to continue as club secretary next year unless a replacement cannot be found.

MEETING ENDED 7:08 pm

NEXT SCHEDULED BOARD MEETING: July 6th, 6:30 pm, Grace Lutheran Church